

CHARLES SILBERSTEIN, MD

CURRICULUM VITAE

MARTHA'S VINEYARD HOSPITAL

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EDUCATION

Diplomate-American Board of Psychiatry and Neurology With Added Qualifications in Addiction Psychiatry (3/93, 3/03) With Added Qualifications in Geriatric Psychiatry (3/96, 4/10)	November 1991
Fellowship in Addiction Psychiatry New York University Medical Center	July 1990-June 1992
Residency in Psychiatry-Payne Whitney Clinic New York Hospital-Cornell Medical Center	July 1986-July 1990
M.D. With Distinction in Research Albert Einstein College of Medicine	July 1982-June 1986
Premedical Studies Columbia University	July 1979-June 1982
B.A. in Medical Sociology Hampshire College	Sept. 1975-June 1979
United Nations International School	Sept. 1971-June 1975

PROFESSIONAL ACTIVITIES

Medical Director, Island Counseling Center Martha's Vineyard Community Services	May 2019 -Present
Attending Physician, Intermittent member of the Medical Executive Comte, Board of Directors and Chair of the Physicians Health Comte Martha's Vineyard Hospital	July 1995-Present
President and CEO Foundation for Island Health, Inc., Martha's Vineyard	Aug 2000-Feb 2004
Co-founder and Member of the Board of Directors The Vineyard House, Martha's Vineyard (A residential community for individuals in early recovery from drug and alcohol dependence)	Oct 1996-Jan 2010
Member of the Board of Trustees Martha's Vineyard Hospital	May 1999-Nov 2000
Clinical Assistant Professor, Division of Alcohol and Drug Abuse Department of Psychiatry-N.Y.U. Medical Center	July 1992-July 1997

Director The Greenhouse: A Therapeutic Community for Homeless Mentally Ill Chemical Abusers, N.Y.U. / Bellevue	July 1993-Oct 1995
Chair, Quality Assurance Committee (Through JCAHO Visit) N.Y.U., Division of Alcohol and Drug Abuse	July 1992-Nov 1993
Director Bellevue Alcohol Detoxification and Rehabilitation Program	July 1992-June 1993
Assistant Unit Chief-Affective Disorders Unit Payne Whitney Clinic	June 1989-Jan 1990
Columbia University-Instructor of Biology Teaching Assistant-Comparative Anatomy	Jan 1981-Aug 1982

OTHER ACTIVITIES

Forensic Psychiatry Review Course	Oct 2005-Aug 2007
Chair, Physician's Health Committee Martha's Vineyard Hospital	Mar 1997-present
Faculty Practice New York University Medical Center	July 1990-Oct 1995
Reviewer Hospital and Community Psychiatry Journal	Aug 1990-Aug 1998
Consultant The Second Wind Treatment Program, New York City	Oct 1990-Oct 1995
Lecturer Kaplan & Sadock Psychiatry Review Course	Oct 1991-Oct 1995
N.Y.U. Medical Board Committee on Professional Conduct	Jun 1994-Oct 1995

AMERICAN PSYCHIATRIC ASSOCIATION (APA) & AMERICAN ACADEMY OF ADDICTION PSYCHIATRY (AAAP) ACTIVITIES

Director New York State Chapter, American Association of Addiction Psychiatry	Dec 1994-Dec 1995
Chair AAAP Committee on Undergraduate Education	July 1993-May 1995
National Committee of Early Career Psychiatrists, APA	Sept 1991-Oct 1995

Member N.Y. County District Branch Committee on Alcoholism & Drug Abuse, APA	Nov 1994-Oct 1995
National Commission on Subspecialization, APA	May 1990-May 1991
Resident Representative Area II Council, APA	May 1988-May 1990
Vice-Chair (88-89) & Chair (89-90) Committee of Members in Training Representative to the APA National Assembly	Sept 1988-May 1990
Assembly Executive Committee	May 1989-May 1990
Assembly Committee on Planning	June 1988-May 1989
N.Y. County D.B.- and Chair Residents Committee	June 1988-June 1990
Member Scientific Program Committee	2009-2013

CURRENT MEMBERSHIPS

American Psychiatric Association
 American Association of Addiction Psychiatry
 Dukes County Medical Society

AWARDS

Second Place , Academy of Psychosomatic Medicine, Dorfman Journal Paper Award for the best paper published in Psychosomatics, 1993	1994
First Place , New York County District Branch Resident Research Award	1991
First Place , The Society for Liaison Psychiatry, Award for an Outstanding Paper by a Trainee	1991
Award for an Outstanding Paper by a Trainee	1987
Second Place , The Society for Liaison Psychiatry	1986
First Place , Greenhill Award for an Outstanding Paper by a Student	1985

BOOK CHAPTERS AND PUBLICATIONS IN REFEREED JOURNALS

Silberstein, CH: Spirituality. In Approach to the Psychiatric Patient: Case-based Essays 2nd Edition. Edited by John W. Barnhill MD. American Psychiatric Publishing, Inc. 2019.

Silberstein CH, Jamner-Metzger E, Galanter M: The Greenhouse: A Modified Therapeutic Community for the Mentally Ill, Homeless, Addicts in New York University-Bellevue Medical Center. In Community as Method: Therapeutic Communities for Special Populations and Special Settings. Edited by DeLeon G. Westport, Greenwood Publishing Group, 1997.

Silberstein CH, Mierlak D, Galanter M: The MICA Therapeutic Community: Challenge for Resident and Staff. Psychiatry Quarterly, 1996;67:263-272.

Silberstein CH, Jamner-Metzger E, Galanter M: The Greenhouse: A Modified Therapeutic Community for the Homeless, Mentally Ill, Addicts. In Healing Communities: Therapeutic Communities for Special Populations in Special Settings. Edited by DeLeon G. Westport, Greenwood Publishing Group, 1995.

Silberstein CH, Galanter M, Marmor M, et al: HIV-1 Seroprevalance in Inner City Dually Diagnosed Inpatients. The American Journal of Drug and Alcohol Abuse, 1994;20(1):101-113.

Silberstein CH, McKegney FP, O'Dowd MA, et al: A Prospective Four Year Follow-up of Neuropsychological Function in HIV Seropositive and Seronegative Methadone Maintained Patients, General Hospital Psychiatry, 1993;15:351-359.

Silberstein CH, Chartock P, O'Dowd MA, et al: Association of Baseline Cognitive Function and Progression of Illness Over Four Years in HIV Positive Individuals, Psychosomatics, 1993;34 (6:502- 505).

Sacks MH, Silberstein CH, Weiler P, Perry S: HIV Related Risk Factors in Acute Psychiatric Inpatients. Hospital and Community Psychiatry, 1990;41:449-451.

Miller AH, Silberstein CH, Asnis G, et al: Epstein Barr Virus and Depression. (letter-original research presented) J.of Clin.Psych., 1986;47:10.

Silberstein CH, McKegney FP, O'Dowd MA, et al: A Longitudinal Study of Neuropsychological & Psychosocial & Psychosocial Factors in Individuals at Risk for HIV Infection in a Methadone Clinic. Int. J. Of Neurosci. 1987;32:669-676.

Silberstein CH: Psychobiological Consideration in the Development of AIDS, Einstein Quart. J. Biol. Med. 1985;3:136-143. Reviewed in JAMA 7/18/86.

Silberstein, CH: Opioid Dependence. In DSM-5 Clinical Cases. Edited by Barnhill, J, American Psychiatric Association Publishing, 2013

GRAND ROUNDS PRESENTATIONS

"Management of the Substance Abuser in Office Practice"-St. Vincent's Medical Center-3/4/94,
Monmouth Medical Center-10/18/94, Brookdale Hospital-11/22/94

"HIV Infection & PTSD: Two Underdiagnosed Epidemics in the Inner City Dual Diagnosis
Population"-NYU, Division of Substance Abuse-5/5/93

"Network Therapy: Effective Outpatient Treatment for Substance Abuse" Coney Island Hospital-
3/8/93

"A Longitudinal Study of Cognition and HIV Infection"
Manhattan State Psychiatric Center-11/22/91
Albert Einstein College of Medicine-2/17/91

"A Four Year Prospective Study of Neuropsychological and Psychosocial Factors and Progression
to Illness in 64 Initially Asymptomatic HIV-1 Seropositive Former IVDUs"-Payne Whitney Clinic-
6/10/90.

"Obsessive Compulsive Disorder and Tourette's Syndrome" Cabrini Hospital-6/10/90

"A Case of Obsessive Compulsive Disorder, Atypical Bipolar Disorder or Tourette's: A Diagnostic
Dilemma" New York Hospital/Payne Whitney Clinic -5/25/88.

ABSTRACTS AND OTHER PRESENTATIONS

"Modified Therapeutic Community Treatment of the MICA Patient" Conference on the Mentally Ill
Chemical Abuser-St. Vincent's-3/31/94

"Network Therapy: Office Management of Addiction", Course Faculty, 146th&147th Annual
Meetings of the American Psychiatric Association, 1993&1994.

"Depression in Brain Disorders", Co-Chairperson, Paper Session 16, 145th Annual Meeting of the
American Psychiatric Association, 1992

Silberstein CH, O'Dowd MA, Biderman DJ, et al: Neuropsychological Test Norms of Methadone
Maintained HIV Negative Former IVDUs Differ Significantly from American Normative Samples.
Neuroscience of HIV Infection: Basic and Clinical Frontiers, Padova, Italy, June 1991.

Silberstein CH, O'Dowd MA, Friedland GH, et al: A Four Year Decline in Neuropsychological
Function in Symptomatic HIV Seropositives as Compared to Asymptomatic Seropositives and
Seronegative Former IVDUs. Abstract MB2048. Abstracts of the VII International Conference on
AIDS, Florence, Italy, June 1991.

McKegney FP, Silberstein CH, O'Dowd MA, et al: Subtle Neuropsychological Impairments are
Related to Illness in Initially Asymptomatic HIV-1 Positive IVDUs. Abstract MB2022. Abstracts of
the VII International Conference on AIDS, Florence, Italy, June 1991.

"Identifying the Substance Abuser in General Psychiatry" presented at The New York Academy of Medicine's Conference on "Recognition and Treatment for Alcohol and Other Substances Abusers: The Physician's Role", 4/26/91.

Silberstein CH, McKegney FP, O'Dowd MA, et al: Neuropsychological Dysfunction in HTLV-III Seropositives. Summary of New Research Sessions, 139th Annual Meeting of the American Psychiatric Association, 1986, p128.

"A Longitudinal Study of Neuropsychological and Psychosocial Factors in IVDUs at Risk for HTLV-III Infection", presented at The Convention on the Neuropsychological and Psychiatric Aspects of AIDS, Bronx, New York, March, 1986.

UNPUBLISHED RESEARCH

Silberstein CH, Galanter M, Lifshutz H: High Rates of Early Sexual and Physical Trauma and Undetected Post Traumatic Stress Disorder in a Dual Diagnosis Population.

McKegney FP, Silberstein CH, O'Dowd MA, et al: Psychiatric Symptoms in Symptomatic HIV-1 Seropositives Increase as Compared to Asymptomatic Seropositives and Seronegatives over Four Years.

Silberstein CH, O'Dowd MA, Biderman DJ, et al: Neuropsychological Test Norms of HIV Negative Former IVDUs Are Lower Than Other Normative Samples.

Silberstein CH, Millman RB: Identifying the Substance Abuser in General Psychiatry - Excerpted, The New York County Medical Society Medical Review, 10/91.

Silberstein CH, Mason B, Koscis J: Group Therapy Compared to Desipramine and Placebo with and without Group for the Treatment for Alcoholism.

Silberstein CH, Miller AH: Psychological Functioning, Cellular Immunocompetence and Health Quality in Medical Interns.

Silberstein CH: Responses to a Dying Child: Six Families, Hampshire College, 1978.